



Forks Community Hospital

"Pioneers in Rural Health Care"



Caregiver of the Month Rachael Adair ARNP, CNM, PMHNP

The Bogachiel Clinic is delighted to have Rachael Adair join their team of local providers. Rachael specializes in midwifery, women's health, and serving the community with psychiatric support. Rachael attended Frontier Nursing University and is a Certified Nurse Midwife as well as a Psychiatric Mental Health Nurse Practitioner.

Rachael always knew that she would like to work closely with women, providing healthcare that is tailored to their unique needs. Rachael started her midwifery career by studying with a licensed home-birth midwife. After realizing the limitations to home-birth she decided to become a nurse-midwife so that she could care for any woman regardless of her income level. One of Rachael's passions is providing healthcare to women in historically under-served populations. Demographically, Forks and the surrounding areas have a wide cross-section of income levels, demographics, and tribal communities creating an ideal location. Rachael understands costs of medical care can be expensive. She takes the extra time to understand her patients insurance coverage to provide the best options when prescribing or ordering tests,

When asked what she loves about her job, she describes her aspiration to treat the entire person, not simply an ailment. This passion to provide comprehensive care led Rachael to pursue a second master's degree as a psychiatric mental health nurse practitioner. During her clinical rotations in school, she made an effort to focus on the mental health of pediatric patients. Rachael will be seeing adults and pediatric patients for psychiatry at the clinic in addition to her women's health services. Rachael possesses unique skill set that enhances the healthcare she delivers to our patients at the Bogachiel and Clallam Bay Clinics.

Rachael will be offering psychiatric services to women and children as early as December. She is already seeing midwifery and women's health patients. In the future Rachael will be traveling out to Clallam Bay Clinic with our General Surgeon, Dr. Emery Chang. Rachael hopes to bring yoga and meditation to the West End as a prenatal and mental health service.



As a healthcare provider who enjoys hiking and being near the ocean, Forks was an attractive location for employment. Rachael is taking advantage of the easy access to hiking and trails. Her Australian Shepherds, Hazel and Osita, have become regulars on the ONRC trail.



Rachael enjoys gardening, surfing, and exploring the National Park. She is looking forward to attending a Potlatch and learning more about the unique heritage of the Hoh, Makah, and Quileute tribes.

Please join us in welcoming Rachael into our community. She is already partnering with patients and families at the Bogachiel Clinic.

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