



Forks Community Hospital

"Pioneers in Rural Health Care"

Forks Family Medical Clinic



## Dr. Harry Lyndes Internal Medicine Family Practice

We are happy to announce that Doctor Harry Lyndes will be joining the team of providers at the newly established Forks Family Medical Clinic, opening soon. Dr. Lyndes will be providing care to patients of all ages. He is certified by the American Board of Internal Medicine, and has his Advanced Cardiac Life Support, and Neonatal Resuscitation Program Certifications.

Dr. Lyndes has been practicing medicine on the Olympic Peninsula since 1987. Dr. Lyndes first realized he wanted a career in medicine at 6 years old, inspired by Dr. Sprinkles, a family friend. Later in life, a Doctor in the Philippines rekindled the passion for helping people through a medical career.

Dr. Lyndes chose to study Internal Medicine. Internal Medicine allows for the joy of treating his patients throughout their lives; getting to know them in a way that lends to personalized care. After completing his Residency and Internal Medicine Internship at University of Maryland South Baltimore General Hospital in 1985. Dr. Lyndes and his wife reside in Joyce and ran a small private practice clinic together in Sequim from 1988- 2018.

Dr. Lyndes has known our Radiologist, Dr. Cole, for several years and felt that Forks Community Hospital would be a nice fit. He said the small clinic located on G street provides a more intimate setting which will allow him to get to know his patients well. Dr. Lyndes is excited to treat patients of all ages but has a soft spot for geriatric care. When asked what he would like others to know about the way he practices medicine, he made mention of his passion for increasing patient quality of life. He believes in a whole patient approach to medicine, not simply treating symptoms. Dr. Lyndes applies preventive care in his practice, such as lowering blood pressure to reduce risk of heart attack.

Dr. Lyndes enjoys being here in Forks with its unique composition of people and a population that values many of the same hobbies as he does. Dr. Lyndes is a hunter, fisherman, and enjoys photography; all pastimes Forks provides. Dr. Lyndes savors time spent with his son and five grandchildren who visit often. Dr. Lyndes takes pleasure in a home full of life with his old faithful lab retriever, cat, 4 horses, Popeye the parrot, and his goat Waldo.

Please join Forks Community Hospital in welcoming Dr. Lyndes to Forks Family Medical Clinic. For current information on providers, services, and information regarding the opening of Forks Family Medical Clinic please keep an eye on the Forks Forum, watch our website [www.forkshospital.org](http://www.forkshospital.org), and follow us on Facebook, Instagram, and Twitter.

