



FORKS COMMUNITY HOSPITAL STATUS REPORT FOR FORKS & WEST END



INFO CORONAVIRUS

Wednesday, July 22, 2020

COVID 19 TESTS DONE AT FORKS COMMUNITY HOSPITAL

| | |
|--------------------------|-----|
| # TESTED | 747 |
| # POSITIVE TESTS | 3 |
| # NEGATIVE TESTS | 744 |
| # TESTS PENDING | 0 |
| # TOTAL HOSPITALIZATIONS | 0 |
| # TOTAL COVID-19 DEATHS | 0 |

COVID 19 VIRUS, CLALLAM COUNTY WIDE

| | |
|----------------------------------|-------|
| # TESTED | 7,653 |
| # POSITIVE TESTS | 72 |
| # NEGATIVE TESTS | 7,451 |
| # TESTS PENDING | 130 |
| # TOTAL HOSPITALIZATIONS | 3 |
| # TOTAL COVID-19 DEATHS | 0 |
| # RECOVERED ***Updated Weekly*** | 62 |

| | |
|--|--|
| CLALLAM BAY CORRECTION CENTER INMATE NUMBERS | 0 Positive COVID- 19 tests 0 Test pending |
|--|--|

Information Source: Clallam County Emergency Management (CCEM), DOC, and the Forks Community Hospital

News and Information

- From the City of Forks
 - The Clallam County Department of Health and Forks Emergency Management will offer free testing to West End community members who are uninsured, or have limited financial means between the hours of 1-5 p.m. on Sunday, 26 July 2020 at the front of QVSD Forks High School.
 - You can come get tested if you:
 - have traveled outside of the North Olympic Peninsula in the past 3 weeks; or
 - have had visitors from outside of the North Olympic Peninsula in the past 3 weeks, or
 - are feeling sick with symptoms of COVID 19
- On 7.26.2020, testing is expected to take about 30 minutes and involves a nose swab that is not painful. Testing is free and no insurance or identification is required. Testing will be supervised by the Clallam County Department of Health. Results will be provided to tested individuals within days.
- If you feel you have symptoms of COVID-19, don't wait until the 26th; call Bogachiel Medical Clinic at 360-374-6998 (#2) to speak with a healthcare worker.
 - CDC symptoms recognized at Forks Community Hospital include:

- Cough
 - Shortness of breath
 - Fever
 - Chills
 - Sore throat
 - Headache
 - Fatigue
 - Muscle aches
 - The loss of the sense of taste or smell
 - Nausea
 - Vomiting
 - Diarrhea
 - Abdominal pain
 - Runny nose
 - Congestion
- Please see [City Attachments or the final pages of the printed document.](#)
- Quileute Valley School District is hosting a zoom meeting on Wednesday, July 22 at 6:00 p.m. for parents, regarding information about your reopening plans for the 2020-21 school year!
 - Diana Reaume is inviting you to a scheduled Zoom meeting.
 - Topic: Parent Forum - Reopening Plans for QVSD
 - Time: Jul 22, 2020 06:00 PM Pacific Time (US and Canada) Join Zoom Meeting
- <https://us04web.zoom.us/j/77234915954?pwd=Q0thMU5ORDFoNlQxZjArUzN2dklrZz09>
- There have been zero reported deaths as a result of COVID-19 in Clallam and Jefferson Counties.
- To decrease wait times at the Central Check-In Station, please complete the top portion of the COVID-19 Assessment Form and bring it with you to your appointment. If you are attending an appointment as a caretaker, please have a form completed both for yourself and the patient. We appreciate your partnership as we work to safely provide you with exceptional, personalized care throughout the COVID-19 pandemic Click [here](#) to download the PDF
<https://www.forkshospital.org/wp-content/uploads/COVID-19-Assessment-Information.pdf>
- REMINDER- at this time we are working hard to ensure the safety of our staff, patients, and residents. Visitors are not allowed at this time. Caretakers are recognized as a person deemed medically necessary to the patient.

General Health Question of the Day

- “What is Contact Tracing?”
 - “Contact tracing is used by health departments to prevent the spread of infectious disease. In general, contact tracing involves identifying people who have an infectious disease (cases) and their contacts (people who may have been exposed) and working with them to interrupt disease transmission. For COVID-19, this includes asking cases to isolate and contacts to quarantine at home voluntarily.”
- “What can a person diagnosed with COVID-19 expect to happen during contact tracing?”
 - “If you are diagnosed with COVID-19, a case investigator from the health department may call you to check-in on your health, discuss who you’ve been in contact with, and ask where you spent time while

you may have been infectious and able to spread COVID-19 to others. You will also be asked to stay at home and self-isolate, if you are not doing so already.

- Your name will not be revealed to those you may have exposed, even if they ask.
- Self-isolation means staying at home in a specific room away from other people and pets, and using a separate bathroom, if possible.
- Self-isolation helps slow the spread of COVID-19 and can help keep your family, friends, neighbors, and others you may come in contact with healthy.
- If you need support or assistance while self-isolating, your health department or community organizations may be able to provide assistance.”
- “How could contact tracing help slow the spread of COVID-19?”
 - “Anyone who comes into close contact with someone who has COVID-19 is at increased risk of becoming infected themselves, and of potentially infecting others. Contact tracing can help prevent further transmission of the virus by quickly identifying and informing people who may be infected and contagious, so they can take steps to not infect others.
 - Contact tracing begins with identifying everyone that a person recently diagnosed with COVID-19 has been in contact with since they became contagious. In the case of COVID-19, a person may be contagious 48 to 72 hours before they started to experience symptoms.
 - The contacts are notified about their exposure. They may be told what symptoms to look out for, advised to isolate themselves for a period of time, and to seek medical attention as needed if they start to experience symptoms.”
- Source: taken as direct quotes from <https://www.cdc.gov/coronavirus/2019-ncov/faq.html>
- ❓ If you have general health information questions, please send them to information@forkshospital.org. *No private medical information, please.*

Thank You

1. Thank You, Robyn Wright, Debbie Anderson, and CDK sewing group. You continue to ensure staff and patient safety needs are met. Your partnership throughout COVID-19 continues to be **beyond priceless. Any ideas how to word what I am trying to say here?**
2. Thank You, Anonymous Forks Residents and Twilight Fandom Members for your continued support. We can do what we need to do to serve our community because we have you in our corner and on our team. #FORKSSTRONG
3. Thank You, Katie Haag for the hard to acquire donation of elastic.
4. Thank You, Marie Anne Early for the donation of elastic and bias tape.

Assistance

- Pandemic EBT is a new emergency program for ALL children in grades K-12 in Washington who receive free or reduced price school meals. P-EBT is not subject to public charge and will not affect your immigration status. P-EBT provides families with funds to pay the cost of meals while schools are closed due to COVID-19. No interview is required. Apply by following this link <https://www.washingtonconnection.org/eapplication/home.go?action=Introduction&source=> or calling the Customer Service Center at 877-501-2233 from 8:00 am through 5:00 pm Monday through Friday.
- Here is a link to the 211 website for non-emergency assistance, as outlined in a separate information release: www.win211.org. If you would like to speak with a live person, call 833-492-0834.
- The Clallam County Hotline number is 360-417-2430.
- A toll free line has been established for those also in need. Whether child care, food or prescription delivery, mental health or any other need, people can call 1-833-492-0834 for referral to assistance.
- Forks Food Bank is located at 181 Bogachiel Way in Forks. The Food Bank is open Tuesdays and Thursdays from 3:00 pm to 5:00 pm. P.O. Box 763 Forks, WA 98331

- Forks Food Bank has become the Northwest Harvest and Food Lifeline box distribution hub. Boxes arrive shortly before the food bank opens. For more information call 360.640.8211.
- The County Emergency Operations Center is operational Monday through Friday 8:30 am to 5:00 pm.
- Forks Abuse, located at 81 S 2nd Ave, Forks, WA has a food pantry outside and is accepting donations daily.
- The Caring Place has diapers available for families in need. Call 360.374.5010

Behavioral Health

- In response to COVID-19, Washington has launched Washington Listens, a support program and phone line to help people manage elevated levels of stress due to the pandemic. People who call the Washington Listens support line will speak with a support specialist and get connected to community resources in their area. The program is anonymous. The Washington Listens support line is 1-833-681-0211. It is available from 9 a.m. to 9 p.m. Monday through Friday, and 9 a.m. to 6 p.m. Saturdays and Sundays. TTY and language access services are available by using 7-1-1 or their preferred method.
- ImHurting Crisis Chat is a service offered through Volunteers of America Western Washington. Their toll-free 24-hour crisis hotline number is 1-888-910-0416. The 24-hour crisis online chat is at www.imhurting.org.
- The National Suicide Prevention Lifeline number is 1-800-273-8255 and is available 24 hours a day
- West End Outreach Services continues to be open regular business hours. Our providers are offering all behavioral health services over the telephone so the community can continue to “Stay Home and Stay Safe.”
 - West End Outreach Services are available by phone at (360)374-5011
 - Monday and Friday from 8:00 am to 5:00 pm
 - Tuesday, Wednesday, and Thursday from 8:00 am to 6:00 pm

From City of Forks

FREE COVID 19 TESTING

1-5 p.m., Sunday, 26 July 2020

Outside Forks High School Front Entrance

On Sunday, July 26t from 1 – 5 p.m., The Clallam County Department of Health and Forks Emergency Management will offer free testing to West End community members who are uninsured, or have limited financial means.

You can come get tested if you:

- (1) have traveled outside of the North Olympic Peninsula in the past 3 weeks; or**
- (2) have had visitors from outside of the North Olympic Peninsula in the past 3 weeks, or**
- (3) are feeling sick with symptoms of COVID 19.**

Symptoms of COVID-19 include cough, shortness of breath, fever, chills, sore throat, headache, fatigue, muscle aches, or the loss of the sense of taste or smell.

If you are feeling sick right now, don't wait until the 26th, call Forks Community Hospital at 360-374-6998 (#2) to get tested.

Testing will take about 30 minutes and involves a nose swab that is not painful. Testing is free and no insurance or identification is required. Testing will be supervised by the Clallam County Department of Health. Results will be provided to tested individuals within days.

COVID-19 Risk Index

Risk levels for exposure vary based on four main factors:



Enclosed space



Duration of interaction



Crowds
Density of people + challenges for social distancing



Forceful exhalation
Sneezing, yelling, singing, and coughing

Low

Walking outdoors
With or without pets

Running or biking
Alone or with another person

Staying at home
Alone or with members of your household

Picking up takeout food, coffee, or groceries from stores
Risks: Potential crowding

Outdoor picnic or porch dining
With non-household people and physical distancing

Retail shopping
Risks: Indoor, close contact, potential clustering of people

Low / Medium

Playing "distanced" sports outside
Ex. Tennis or golf

Grocery shopping
Risks: Indoor, close contact, potential clustering of people, high-touch surfaces



Medium

Visiting hospital emergency department
Risks: Indoor, potential clustering of people

Medical office visit
Risks: Indoor, close contact, potential clustering of people, high-touch surfaces

Dentist appointment
Risks: Indoor, close contact, potential clustering of people, patient not wearing a mask

Taking a taxi or a ride-sharing service
Risks: Dependency on frequency of cleaning, duration of ride, and number of passengers

Museum
Risks: Indoor, close contact, potential clustering of people

Outdoor restaurant dining
Risks: Close contact, potential clustering of people, challenge to wear a mask during eating

Medium / High

Exercising at a gym
Risks: Indoor, close contact, potential clustering of people, high-touch surfaces, difficult to wear a mask, high respiratory rate

Hair/nail salon and barbershops
Risks: Prolonged close contact, difficult to wear a mask

Working in an office
Risks: Indoor, high-touch surfaces, prolonged close contact/potential clustering of people

Indoor restaurant or coffee shop
Risks: Indoor, prolonged close contact, potential clustering of people, difficult to wear mask while eating and drinking

High

Bars and nightclubs
Risks: Enclosed space, prolonged close contact/potential clustering of people, high respiratory rate, yelling/projection of voice

Indoor party
Risks: Indoor, prolonged close contact/potential clustering of people
Additional risks: alcohol (loss of inhibition), shared joint/pipe (coughing)

Playing contact sports
Risks: Prolonged close contact/potential clustering of people, high respiratory rate, unable to wear a mask

Air travel
Risks: Enclosed space, prolonged close contact/potential clustering of people, and high-touch surfaces

Public transportation Subway or bus
Risks: Enclosed space, prolonged close contact/potential clustering of people, and high-touch surfaces

Religious services
Risks: Enclosed space, prolonged close contact/potential clustering of people, high-touch surfaces, singing/projection of voice

Concert
Risks: Enclosed space, prolonged close contact/potential clustering of people, high-touch surfaces, yelling/projection of voice

Movie theater or live theater
Risks: Enclosed space, prolonged close contact/potential clustering of people, high-touch surfaces

Watching sports
Risks: Prolonged close contact/potential clustering of people, high-touch surfaces, yelling/projection of voice enclosed space (if indoor)

**REOPEN INTELLIGENTLY.
REOPEN SAFELY.**